**Delta G.E.M.S. (Growing and Empowering Myself Successfully)**

**Prince William County Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated (PWCAC-DST)**

**Program Purpose:** Catching the Dreams of Tomorrow, Delta G.E.M.S. was created to catch the dreams of African American at-risk, adolescent girls aged 14-18. Delta G.E.M.S. provides the framework to actualize those dreams through the performance of specific tasks that develop a CAN-DO attitude. The goals for Delta G.E.M.S. are:

* To instill the need to excel academically.
* To provide tools that enable girls to sharpen and enhance their skills to achieve high levels of academic success.
* To assist girls in proper goal setting and planning for their futures in high school and beyond; and
* To create compassionate, caring, and community-minded young women by actively involving them in service learning and community service opportunities.

The Delta G.E.M.S. program offers a road map for college and career planning through activities that provide opportunities for self-reflection and individual growth. Delta G.E.M.S., like Delta Academy, is implemented by chapters of Delta Sigma Theta Sorority, Incorporated. Delta G.E.M.S. participants have the opportunity to define and “Discover their individual *Brilliance*.”

**Attendance & Requirements:**

* G.E.M.S. are required to attend at least 7 of the 10 events scheduled for the year. Attending the orientation counts as an event.
* Each GEM must have her own email address and is responsible for managing her attendance, being aware of all event times and locations and responding to meeting invites.
* Pick-up for in-person events: All G.E.M.S. must be picked-up by their parent or guardian from inside any in-person event. Parents/guardians must come inside and sign-out their child. Any other persons picking up your child, must be on your child’s pre-approved list
* Rules for virtual events: All participants must pre-register to attend, and all participants must be on-camera at all times during the event

**Structure:** The Delta G.E.M.S. meet monthly on Sunday afternoons (2:00 – 4:00 pm) from October thru May (unless otherwise stated).

The objectives and goals of the Delta G.E.M.S. committee are accomplished through various workshops such as: The Aha! Moments, G.E.M.S. Around the World, Socialization, Self-Awareness, Leadership Development through Service Advocacy, Disaster Preparedness, Skills for Success, Healthy Lifestyles Habits, Financial Preparation, Educational Preparation, Museum Field Trips and Career Preparation